



5

Delicious, home cooked meals delivered right to your door weekly!



Visit us at gourmetonwheels.org or
Call Tony at 843-812-8870
 for more information.

Lady's Island Country Club
 139 Francis Marion Circle • Beaufort, SC 29907

**Beaufort, Lady's Island,
 Port Royal, Sun City
 & Surrounding Areas**



**Five Individually Prepared Meals
 Delivered to Your Home Weekly!
 CALL NOW 812-8870**



**Catering
 Available!**



Visit us at gourmetonwheels.org or

Call Tony now for this week's menu!
812-8870

LET US BE YOUR PERSONAL CHEF!

We cook all day Monday and deliver to you on Tuesday.

GREAT FOR:

- "On the go" professionals
- Elderly singles or couples
- People who love great taste but don't have time to eat out or shop and cook.

No CONTRACTS!

**We also cater
office lunches
and breakfasts!**

*Catering
Available!*

SAMPLE MENU:

(You choose 5 out of 7 entrees)

- Chicken Parmigiana With Pasta and String Beans
- Lowcountry Boil with Shrimp, Potatoes, Sausage and Corn
- Baked Ham and Pineapple With Macaroni n' Cheese and Cabbage
- Hamburger Steak With Onions and Squash Casserole and Greek Potatoes
- Italian Sausage and Peppers Over Rice With Garlic Bread
- Large Club Sandwich With Tomato and Roasted Pepper Soup
- Roasted Turkey With Garlic Mashed Potatoes and Vegetable Medley

UPCOMING ENTREES:

Pork Tenderloin With Sauerkraut
Corned Beef With Cabbage
Barbecue Chicken
Seafood Gumbo
Pot Roast
Chicken Cordon Bleu
Baked Manicotti
Fettuccine Alfredo
Spaghetti With Meatballs/Sausage
Chicken Devine
Chicken Marsala Baked Spaghetti
Assorted Soup & Sandwich
Chicken Piccata
Pesto Angel Hair Pasta
Open Faced Roast Beef
Fish & Chips
Crab Cakes
Beef Stew and Rice
Jamaican Jerk Chicken
Bratwurst & Slaw
Baked Salmon
Fried Chicken
Meatloaf
Lasagna

***Appropriate
sides are
included with
each meal.**

**We cook
with low salt
and/or sugar
substitutes for
your healthy
lifestyle!**

Delicious, home cooked meals delivered to your home or office!